



THE OAKLEA TRUST
Towards independence...

Kate Grimes

I have been a Trustee of Oaklea for 2 years. I became involved because I wanted to learn more about experiences for adults with learning disabilities.

I am married to Frank and have two daughters, one of whom, Lissie, (now 16 years) has Tuberos Sclerosis which means she has learning difficulties and epilepsy. Lissie currently attends the Steps Club which Oaklea runs at the Day Centre in Kendal.

I am also a Trustee of the Agility Club, which is based in Kendal and runs an all inclusive youth club for children and young people. We have a variety of young people who attend with various disabilities including autism, ADHD, cerebral palsy and hearing and communication difficulties.

I have worked in Human Resources for the last 22 years and currently work full time in the NHS in Lancaster as Head of Organisation Development and Human Resources. I recently obtained a Masters Degree in Human Resource Leadership through the Manchester Business School and am about to start a programme with UCLAN looking at equality and human rights issues.

To wind down I walk our two black Labradors, enjoy skiing with the family, travelling in our motor home and taking both daughters to their various activities.